

Date: 5/23/25

PREP SUMMER MENU: GRADES 6-12
BREAKFAST, LUNCH, SUPPER
JULY 7 – 11, 2025

	MONDAY 7/7	TUESDAY 7/8	WEDNESDAY 7/9	THURSDAY 7/10	FRIDAY 7/11
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Buttery Maple Waffle ✓ (R2259)	Morning Magic Bagel ✓ (R2292)	Morning Beef Sausage Sandwich (R0108)	Ham & Cheese Croissant (R0628)	Oat Crumble Coffee Cake ✓ (CMS #2054)
Entrée 2	Deluxe Cereal Bowl ✓	Nutri-Grain Bar & Yogurt ✓ (R5721-DW, R5722-CB)	Deluxe Cereal Bowl ✓	Chocolate Chip Muffin ✓ (CMS #2029)	Yogurt 4 oz. & Crackers ✓ (R5617-DW, R5618-CB)
Entrée 3 Vegan	ONLY PROVIDE UPON REQUEST Offer Cinnamon Toast Crunch (CMS #1623) OR Morning Magic Bagel (R2292), Strawberry Jam (CMS#1690)				
FRUIT, FRUIT JUICE, & MILK - MUST OFFER THE FOLLOWING DAILY: 1) Fruit, ½ c; 2) Fruit Juice, ½ c/4 oz.; and 3) Milk, 8 oz.					
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 Café LA Favorite & RAP	Bean & Cheese Chile Burrito ✓ (R1955) Optional: Fresh Salsa (R4613)	Chicken Drumstick (R0974) Artisan Roll (CMS #6068)	Beef & Cheese Taquitos (R0167) Optional: Fresh Salsa (R4613)	All Star Turkey Hot Dog (R0584)	Spicy Breaded Chicken Sandwich (R0907) Optional: Fresh Topping* AND/OR Breaded Chicken Sandwich (R0958) Optional: Fresh Topping*
Entrée 2	Cheese Pizza Wedge ✓ (R1063)	Spicy Taco Stick (R0195) Optional: Fresh Salsa (R4613)	Café LA Burger (R0090) Optional: Fresh Topping*	Orange Chicken & Broccoli Rice Bowl (R5626)	Turkey Breast & Cheese Sandwich (R0911) Optional: Fresh Topping*
Entrée 3 Vegan	OPTIONAL VEGAN ENTREE – PROVIDE UPON STUDENT REQUEST				
	Vegan Chik’n Tenders (R6043) Artisan Roll (CMS #6068)	Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)	Offer Artisan Roll (CMS #6068) with Both Options: Chik’n Nuggets (R6021) AND/OR Buffalo Chik’n Nuggets (R6031)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)	Optional: Fresh Topping* for sandwiches Spicy Chick’n Sandwich (R6051) AND/OR Chik’n Sandwich (R6029)
OPTIONAL Quick Serve	May be served from regular service area or cart. Do if this option meets your operational needs. Lunch Entree 1, 2, or a Field Trip meal may be used for this option.				
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)	Petite Baby Carrots (CMS #3006)	Sweet Corn (R4097)	Café LA Salad (R4576)	Cucumber Coins (R4478)	Sweet Potato Fries (R4464)
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364)	Cucumber Coins (R4478)	Orange Medley Juice (CMS #1308)	Cooked Edamame (R4596)	Café LA Salad (R4576)

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FRUIT, FRUIT JUICE, & MILK - MUST OFFER THE FOLLOWING DAILY: 1) Fresh Fruit, ½ c; 2) Juice, ½ c [Friday is Kiwi Strawb Slush, CMS# 2417]; 3) Milk, 8 oz.					
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once a week as an Extra Treat.				
	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Cold	Sunbutter & Strawberry Jelly Sandwich (CMS #2978)	Turkey Breast & Cheese Sandwich (R0911)	Beef Stick Meal Kit (CMS #1688)	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Turkey Stick (CMS #2065) & Cheese Plank (CMS #2525) Cheez-It Crackers (CMS #1239)
Entrée 2 Vegan	ONLY PROVIDE UPON REQUEST. Provide a vegan entrée that is different than what was served for lunch the same day. Offer Sunbutter & Strawberry Jelly Sandwich (R1943) OR Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944)				
Vegetable (½ c)	Paradise Punch Vegetable Juice (CMS #1681)	Petite Baby Carrots (CMS #3006)	Vegetable in Kit	Berry Berry Blue Slush (CMS #2827)	Petite Baby Carrots (CMS #3006)
FRUIT AND MILK: MUST OFFER THE FOLLOWING DAILY: 1) Fresh Fruit, ½ c [Wednesday, Fruit is included in Kit]; and 2) Milk, 8 oz.					
CONDIMENTS B=Breakfast L=Lunch S=Supper	L: Taco Sauce or Tapatio, BBQ Sauce, Ketchup, Optional: Ranch L, S: Tajin	B: Cream Cheese (CMS #7097-DW, #9043-CB), Strawberry Jam L: BBQ Sauce, Taco Sauce or Tapatio S: Mayo, Mustard, L, S: Tajin, Optional: Ranch	L: Taco Sauce or Tapatio, Ketchup, Mustard, Mayo, BBQ Sauce, Choice Dressing S: Optional: Ranch L, S: Tajin	L: Ketchup, Mustard, Sriracha, Optional: Ranch Dressing S: Taco Sauce or Tapatio L, S: Tajin	B: Strawberry Jam L: Ketchup, Mustard, Mayo BBQ Sauce, Choice of Dressing and Sauce: BBQ Ranch (R7080), Cajun Ranch (R7110CB/R7111-DW),Sriracha Mayo,R7079 S: Ranch L, S: Tajin
FIELD TRIP LUNCH MENU					
ENTRÉE Option 1 Turkey Breast & Cheese Sandwich (R0911)		ENTRÉE Option 2 Cheese Sandwich V (R1008)		ENTRÉE Option 3 - VEGAN Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)	
OFFER ALL BELOW WITH EACH ENTRÉE OPTION					
FRUITS (1 c)		VEGETABLE (1 c)		MILK, 8oz.	
Fresh Fruit, 2 Each Fresh Fruits		Petite Baby Carrots (CMS #3006), 1, 2.5 oz. Pkg. OR Celery Sticks (CMS #3826), 1 Pkg. AND Paradise Punch Vegetable Juice (CMS #1681) OR Orange Medley Juice (CMS #1308)		See List Below	
Milk: Must serve two choices from the following options.					
All the Grain/Bread items served are whole grain rich.					
V = Vegetarian					
Fat-Free Milk (8 oz)		Low-Fat Milk (8 oz)		Fat-Free Lactose Free Milk (8 oz)	
Fat-Free Chocolate Milk (8 oz)		Fat-Free Strawberry (8 oz)			
Deluxe Cereal Bowl					
Cinnamon Toast Crunch (CMS #1623)		Honey Bunches of Oats (CMS #1425)		Honey Cheerios (CMS #1442)	
Fresh Fruit					
Nectarine (CMS#3891)		Plums (CMS# 3522)		Peach (CMS #3886)	
White Peach (CMS# 3884)		Plumcot (CMS# 3940)			

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Pluot (CMS# 3700)	Banana (CMS #3204) Do not order on Mondays	Strawberries (CMS #3246, R3332) - Offer 2x/week at Lunch & Supper
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This Institution is an equal opportunity provider.